

Friends of DalesRail



www.friendsofdalesrail.org

SUNDAY 9 Th. AUGUST , 2009

COACH TRIP

KETTLEWELL

A WALK

STRENUOUS

CIRCULAR

15 MILES

Although we have visited Kettlewell on several occasions, it is many years since we have ticked off the classic peaks of Great Whernside and Buckden Pike. These two modest hills at 704m and 702m respectively will therefore be tackled today. Initially the terrain is easy but then yomping and peat hags take us to the base of Sweet Hill. There after the tracks are more visible but with the inevitable steep ups and downs. The long descent back to Kettlewell is fairly gradual and good underfoot. On a clear day we should see the Three Peaks and all the dales from Wharfedale northwards back round to Lamgastrothdale.

Leaders Yvonne and Martin

B WALK

MODERATE

CIRCULAR

11 MILES

This walk was planned for a fine summers day. The views are wonderful on reasonable paths. We climb out of Kettlewell towards Arncliffe. The paths then take us to Buckden and we return to Kettlewell via the Dales Way to Starbotten and then on a slightly elevated path back to the pubs and café of Kettlewell.

Leaders Alan J. and Penny L.

C WALK

EASY

LINEAR

8 MILES

A delightful walk for the discerning Rambler. After fortifying ourselves with coffee, tea, scones and toasted teacakes in Grassington, we descend to the river and proceed along the left bank of the Wharfe and through part of Grass Wood, then along a short stretch of minor road, to the village of Conistone. From here, we encounter the only significant climb of the day, albeit fairly short, half way up Conistone Dib, to connect with The Dales Way. Now along a fairly level grassy track with superfine views, given the right conditions, and eventually, a gradual descent to the liquid and gastronomical delights of Kettlewell.

Leaders Jenny and Jean